

Tabela de Qualificações	
90%	Excelente
80%	Muito bom
70%	Bom
60%	Suficiente
	Insuficiente

2 x 500 m livres	
00:03:05	20
00:03:15	19
00:03:25	18
00:03:35	17
00:03:45	16
00:03:55	15
00:04:05	14
00:04:15	13
00:04:25	12
00:04:35	11
00:04:45	10
00:04:55	9
00:05:05	8
00:05:15	7
00:05:25	6
00:05:35	5
00:05:45	4
00:05:55	3
00:06:05	2
00:06:15	1

Slalom	
00:01:35	20
00:01:36	19
00:01:37	18
00:01:38	17
00:01:39	16
00:01:40	15
00:01:41	14
00:01:42	13
00:01:43	12
00:01:44	11
00:01:45	10
00:01:46	9
00:01:47	8
00:01:48	7
00:01:49	6
00:01:50	5
00:01:51	4
00:01:52	3
00:01:53	2
00:01:54	1

Obstáculos	
00:00:30	20
00:00:31	19
00:00:33	18
00:00:35	17
00:00:37	16
00:00:39	15
00:00:41	14
00:00:43	13
00:00:45	12
00:00:47	11
00:00:49	10
00:00:51	9
00:00:53	8
00:00:55	7
00:00:57	6
00:01:00	5
00:01:02	4
00:01:04	3
00:01:06	2
00:01:08	1

Flexibilidade	
00:00:30	20
00:00:31	19
00:00:33	18
00:00:35	17
00:00:37	16
00:00:39	15
00:00:41	14
00:00:43	13
00:00:45	12
00:00:47	11
00:00:49	10
00:00:51	9
00:00:53	8
00:00:55	7
00:00:57	6
00:01:00	5
00:01:02	4
00:01:04	3
00:01:06	2
00:01:08	1